



A U.S. Figure Skating Competition: 6.0; Excel;  
Compete USA Events; Adult Events; Compulsory; Spins;  
Jumps, and Showcase

**October 25, 2020**

National Sports Center, 1700 105<sup>th</sup> Ave NE, Blaine MN 55449

Hosted by: Northern Blades NSC Figure Skating Club  
[www.northernblades.org](http://www.northernblades.org)

[Sanctioned by U.S. Figure Skating](#)

Chief Referee: Jennifer Marker Johnson  
Accountant: Christine Hills

Chairs: Danel Edminster, Molly Fitzel, Ryan Herrick  
E-Mail: [risingstars@northernblades.org](mailto:risingstars@northernblades.org)

**Deadline for entry is Friday, September 25<sup>th</sup>, 2020**

*COVID 19 NOTICE: Note that we will be following the most recent CDC, Department of Health, Safe Sport and Super Rink Facility policies in place at the time of the event.*

Member of TCFSA Compete USA Competition Series



The Northern Blades Rising Stars Figure Skating Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

#### **ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

**Age restrictions/requirements:** Singles free skate events (Well Balanced Program) have the following requirements.

Juvenile: Girls – 12 years of age or younger; Boys – 13 years of age or younger

Open Juvenile: Girls – 13 years of age or older; Boys – 14 years of age or older

Intermediate must be under the age of 18

Adults must be 21 years of age or older

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age, should the number of entries warrant more than one group. Boys and Girls events may be combined. Well-Balanced and Excel levels will be combined for compulsory moves. Juvenile & Open Juvenile events may be combined.

**ENTRIES:** Online entry with secure credit card payment is available at [www.northernblades.org](http://www.northernblades.org). Services supplied by the EntryEze system. Upon receiving your application on-line, an e-mail will be sent to the skater's coach to review the entry(ies) for accuracy, correct level and desired events. Additionally, an e-mail will be sent to the skater's home club official to certify the skater's standing within the club. Entries must be received by 9:00pm Friday, September 25<sup>th</sup>, 2020.

**FEES:** Entry fees are per person

For Compete USA-Basic Skills events, the entry fee is \$70.00 for the first event and \$25.00 for each additional event. For all other events, the first event is \$100.00 and each additional event is \$25.00. A 3.8% processing fee will be applied to all entries.

Late entries will be accepted only at the discretion of the Competition Chief Referee and must be accompanied by a \$20.00 late fee.

Please Note: A fee of \$20.00 will also be charged for any changes to entries, competition level, age or events entered made after October 1, 2020.

As part of the entry fee, ALL participants will receive free VIDEO/PICTURES of their competition performance on a Jump Drive. Please bring your own Jump Drive to the event.

**REFUND POLICY:** Per Rule 3048, entry fees will not be refunded after September 25, 2020 unless no competition exists or the event is canceled (see Rules 3045 and 3046 below\*). There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of

*Updated - This event is a standard U.S. Figure Skating Nonqualifying Competition - LG + MC 1/10/2020*

competition and practice ice times will be available in EntryEeze.

\*Per Rule 3045 At nonqualifying competitions, if only one eligible competitor/team enters an event, the competitor/team will be offered the option to skate an exhibition or, for pre-juvenile and lower single events, compete in an equivalent event against skaters of the opposite gender.

- A. If said competitor chooses to skate an exhibition, judges will award their marks according to the rules and the applicable judging system used, and the competitor/team will receive first place
- B. If said competitor chooses to compete in an equivalent event against skaters of the opposite gender, the skater will be entered accordingly.
- C. If said competitor/team chooses not to skate, the entry fee will be refunded, and the event will be cancelled.

\*Per Rule 3046 If more than one competitor/team enters but, due to withdrawals, only one competitor/team appears at a singles, pairs, ice dance or synchronized skating event, the referee will offer the competitor/team the option to skate. If the competitor/team chooses to skate, judges will award their marks according to the rules and the applicable judging system used, and the competitor/team will receive first place. If the competitor/team chooses not to skate, the entry fee will be refunded.

**SCHEDULE:** Competitors may be scheduled on any day or time for the announced dates of the competition. Notification of competition and practice ice times will be available by email and web.

**FACILITIES:** The competition will be held at the National Sports Center located at 1700 105<sup>th</sup> Ave NE, Blaine, Minnesota. Rinks are Olympic size, 200' x 100'. Merchandise booths and a concession stand will be available throughout the competition. Admission is free.

**LOCKER ROOMS AND CHANGING AREAS:** *Note that we will be following the most recent CDC, Department of Health, Safe Sport and Super Rink Facility policies in place at the time of the event.* Locker room and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled regarding specific use and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SafeSport Handbook (both found on the U.S. Figure Skating SafeSport page).

**MUSIC:** Only CDs (standard Compact Disc format only) will be accepted. CDs must be clearly marked with name, event entered, and length of music. Each CD must have only ONE track on it. **Due to compatibility and reliability reasons, no music on re-recordable "CD-RW" discs will be accepted.**

The official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Northern Blades FSC cannot be responsible for CDs left at the end of the competition.

**LIABILITY:** U.S. Figure Skating, Northern Blades NSC FSC, and National Sports Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM:** The 6.0 Majority Judging System will be used for all events.

**REGISTRATION:** The registration desk will be located on the UPPER level of the National Sports Center and will be open during all scheduled practices and competition events. Please register promptly

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upon arrival.

**PRACTICE ICE:** Official practice ice is not being offered but practice ice will be available for purchase in advance on-line on October 15, 2020 or at the competition. It will be sold on a first-come, first-served basis. More information on practice times and cost will be provided closer to the event. Skater's music will not be played during practice sessions. *Note that we will be following the most recent CDC, Department of Health, Safe Sport and Super Rink Facility policies in place at the time of the event.*

**AWARDS/PHOTOGRAPHY:** Awards will be presented to all competitors in Pre-Preliminary and lower. Participants placing first through fourth in events at Preliminary and higher will receive awards. The awards will be presented to competitors in the UPPER level immediately following the result posting. There will be a self-service photo-op area set up near the awards table.

Reminder - As part of the entry fee, ALL participants will receive free VIDEO of their competition performance and Free Pictures on a Jump Drive. Please bring your own Jump Drive to the event.

**OFFICIAL NOTICES:** Official announcements will be maintained at the registration desk. It is the responsibility of each competitor, parent and coach to check the desk frequently for any schedule changes and/or additional information. Skaters are requested to arrive 60 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

**IMPORTANT NOTICE FOR ALL COACHES:** To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the following requirements:

Coaching U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SafeSport Training\*
- Continuing Education Requirements (CERs) for the 2019-20 Competition Season
- Proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.
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Coaching Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training\* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)
- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

\*SafeSport training is available through [www.usfsaonline.org](http://www.usfsaonline.org) for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons

The LOC will have a list of compliant coaches who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

If a foreign coach has only foreign athletes at your competition, a background check and SafeSport Training is not required. Instead, the coach must submit a letter from their Federation stating they are a member in good standing.

For more information regarding Coach Compliance, please visit:  
<http://usfsa.org/content/Coaches%20Requirements%20Chart.pdf>

**CONTACT INFO:** If you have questions, please contact the Competition Chair (Danel Edminster) at  
[risingstars@northernblades.org](mailto:risingstars@northernblades.org)

See current rulebook for current rules and requirements.

**FREE SKATE & SHORT PROGRAM SINGLES**

Snowplow Sam- Free Skate 6 Program (with music)

Excel Free Skate

Singles Well Balanced Free Skate (Pre-Preliminary – Pre-Juvenile)

**COMPULSORY MOVES – SINGLES**

Snowplow Sam – Free Skate 6 Program

Excel Compulsory (Excel Beginner – Excel Preliminary)

Compulsory Moves (No Test – Senior)

**SPECIALITY EVENTS - SINGLES**

Spin Challenge

Jumps Challenge

**ADULT BEGINNER AND HIGH BEGINNER FREESKATE**